



RULES 2ND INTERNATIONAL BAREFOOT TROPHY OF SEGORBE 2016

The athletic club Saltamontes organizes the “*2nd International Barefoot Trophy of Segorbe*”, that will be held the next Sunday, October the 9th at 10.00am 2016, with start and finish at Segorbe’s “Agua Limpia” square.

Due to the event’s particularity, there will be **three races**:

- **Competitive** one, of approximately 10Kms (3rounds of 3,3kms).
Start: **10.00 am**.
- **NO competitive** of approximately 6,7Kms, (2rounds of 3,3 kms) for those who want to start running barefoot. the track could be completed either running or walking.
Start: **10.05 am**.

The surface is considered barefoot friendly with no much difficulty to run or walk with no shoes.

Moreover, a **Child’s competition** will be placed the same day before the adult’s race start:

- Start time: **9:45h**
- Distance: **500m**

1. ELIGIBILITY

The *2nd International Barefoot Trophy of Segorbe* is opened and welcome barefoot athletes around the World. So, any runner no matter his/her nationality, is eligible to take part in the competition, either the competitive or the non-competitive one, under the condition of not using any kind of shoes or feet protection.

2. REGISTRATION

Registration must be done within the club’s webpage: <http://clubaltamontes.org> from August the 14th. You must select the “registration” button, and registration will be completed after fulfill all the compulsory data; otherwise, it won’t be considered.

You have to:

1. Fulfill the required data of the web page.
<https://docs.google.com/forms/d/1kvz8u7KktFo5ey9WArVVzJ1rfTLNvJheIIHtKY43lr8/viewform?c=0&w=1>
2. Pay the specified amount by transfer into the club’s bank account:
Bank: **Caixabank**
Bank account: **ES57 2100 3761 5821 0026 5768**
Deposit information: Name and surname + BAREFOOT
3. Once the transfer is done, send the receipt by e-mail to:
casaltamontes@gmail.com.



Note: In order to avoid international bank transfer additional charges, for these competitors that live in other countries different from Spain, the inscription payment could be done when taking the number before the competition start.

Registration will be opened until **October the 5th**. If there's registration availability after this day, it will be done paying the fee on the competition's day.

Registration fees for both races (5Kms and 10Kms):

- From 14th May to 15th September → 10€
- From 16th September to October the 5th → 12€
- From 6th October to Competition's day (if available) → 15€

*Registration fee for Childs is free.

The competitor's check-in where numbers are delivered, will be opened from 9.00am to 9.45am on the same competition's day (October 11th, 2015), in the Agua Limpia's square (start and finish place).

3. CATEGORIES

Classification by age categories will be made just for the competitive race (10Kms), for both men and women, considering birth date:

- **Absoluta:** from 16 to 39 years (from 1977 to 2000)
- **Veterans:** from 40 to 54 (1976 to 1962)
- **Master:** 55 years and more (1961 and before)

There will be a unique classification (one for men and one for women) for the non-competitive race, and runners of any age can take part in the competition. Athletes under 14 years are recommended to run with an adult.

Child competition: There will be a unique category for both boys and girls.

4. AWARDS

Trophies will be given at the "Agua Limpia" square (Start/Finish place), once the competition ends, 11.15h (aprox).

Trophies will be given just for the competitive race, to first, second and third place for men and women of the general classification. Trophies are not accumulative.

In addition, there will also be a price for the first, second and third place, men and women, of the veteran and master categories.

Moreover, all athletes (**from two races**) will receive a present: event's t-shirt and other products the organization can afford.

Childs will also receive the awards and presents the organization can afford.

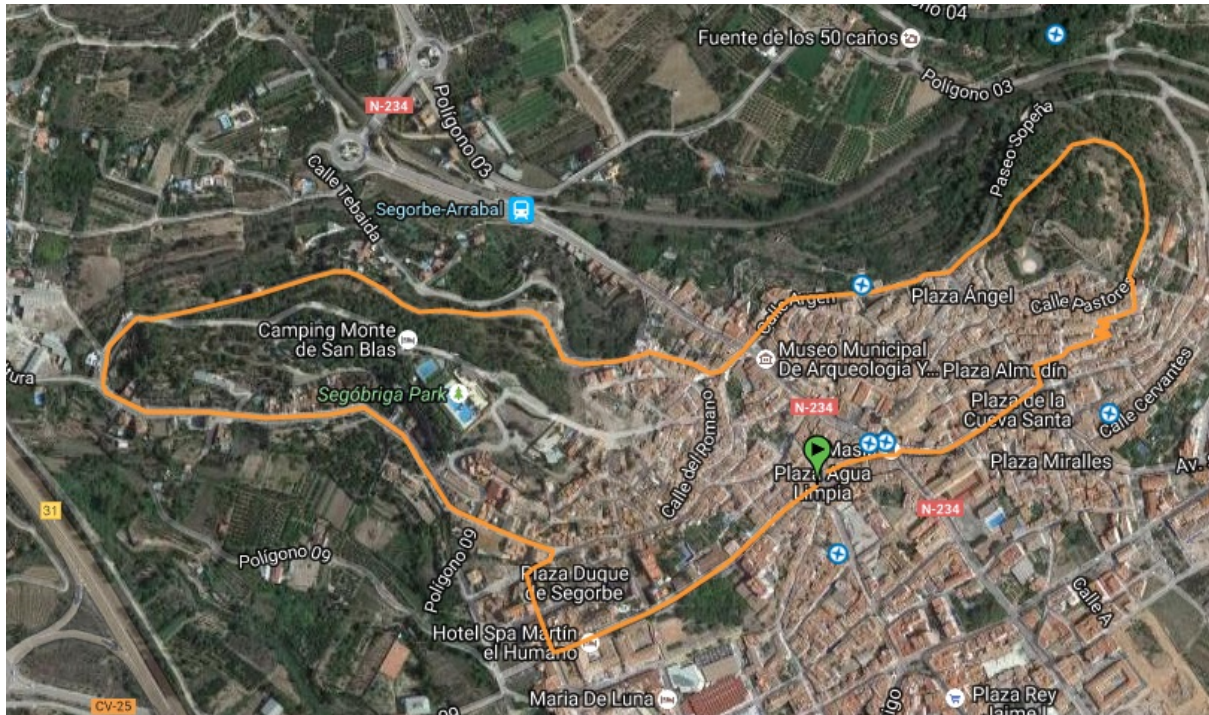
5. TRACK

The average track's length is 5Km along Segorbe city center.

So, for the Competitive race, athletes must complete THREE rounds the circuit, in order to run approximately 10 kms.

For the non-competitive race, barefoot runners must finish TWO rounds to the circuit to complete approximately 6,7 Kms.

Surfaces: pavement, cobbles and soil, but the most common surface is pavement with a continuous ascending and descending and no much difficulty.



Each kilometer will be indicated.

There will also be a water provisioning place approximately by half race.

6. RACE CONTROL

The time **limit to finish the competitive race will be 1h and 15 minutes**, so finish will be closed at 11.15h.

The limit to finish the non-competitive race will be **60 minutes**, so finish will be closed at 11:05.

Anyone not registered or trespassing the established time, will run under their responsibility.

Disqualifying reasons:

- Not to have the number correctly visible in the front part of the t-shirt.
- Not to complete the whole track.
- To provide false data.
- Not to accomplish with the rules and organization's requirements.

Being a barefoot competition, athletes with any kind of shoes or feet protection won't be accepted before starting the race.



If any runner cover his/her feet during the competition, he/she will be in a different classification from the official one, and they will have no option to win any trophy.

Any claim should be given to the organization in a written format within the half an hour after the end of the competition; including a 100€ deposit, that will be given back, if the claim takes hold.

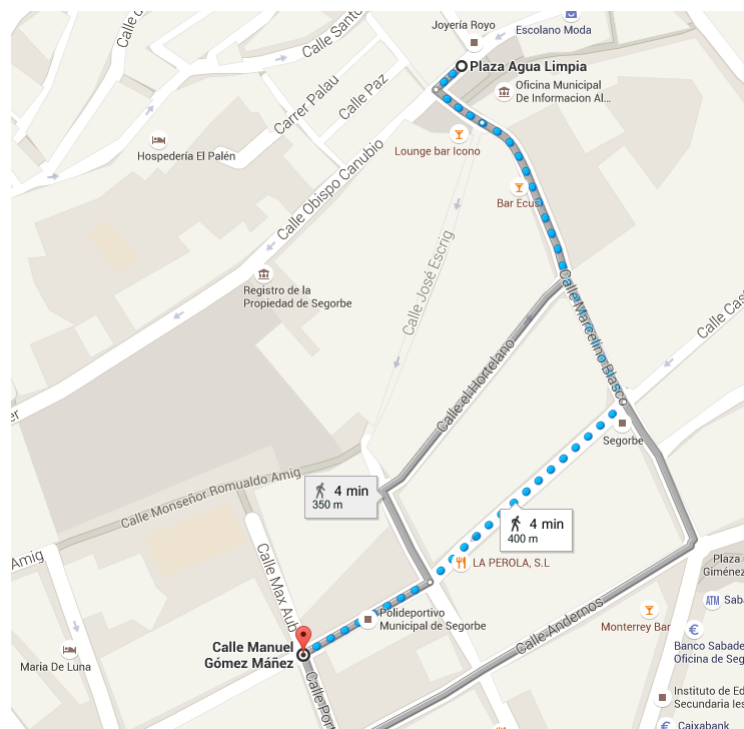
7. OTHER CONSIDERATIONS

During the competition, there will be control vehicles allowed by the organization, who have the capacity of retiring any other external ones.

Medical services and an ambulance will be available by the Agua Limpia square, just in case any runner needs them.

The physician's team will have the capacity to move away any athlete when they consider his/her under any kind of health risk.

Showers and changing rooms will be available in Sport center; Manuel Gomez Mañez street (4 minutes away within walking distance from the Start/Finish place).



8. FINAL CONSIDERATIONS



All the registered runners in the 2nd *International barefoot trophy of Segorbe* (in any of the two competitions) are covered by an assurance:

- The Organization`s civil responsibility assurance.
- Accidents and civil responsibility assurance for non-federated participants.

Federated runners are covered by the Federation`s assurance.

The organization can modify any organizational aspect or the track, even cancel the competition, if some external or extreme circumstance happen.

By the way, once started, it won't be stopped under any circumstance.

The organization declines all responsibility to any athlete because of running barefoot or any other actions during the competition.

All competitors accept all this rules because of taking part in the competition, giving up any right against the organization, volunteers and their representatives and delegates, because of the injuries that can be made during the race.

Athletes are responsible for their own physical health, and for their own medical supervision. Registration involves the athlete's declaration of having good health conditions, and being trained to take part and finish the competition, along with having pass a medical test by an authorised physician.

Finally, all participants, attendees and companions authorize using their image (pictures, videos, etc), to the organization for similar and legitimate events.

